

Your **u3a** **needs You!**

Bradford



I want to contribute to the u3a while I'm still fairly young so it will be there for me when I'm older and less able.

I enjoy contributing to a team effort to provide our u3a members with the best of experiences.

It is very enjoyable because it involves a lot of contact with others. It is satisfying helping them.

I enjoy working with like minded people for a common purpose.

It keeps my brain alive to contribute what I can to help others enjoy life.

It gives me a feeling of doing something worthwhile for others.

I work with nice people, helping to plan social events and promoting Bradford u3a.

I feel a moral obligation to use what I've learnt to benefit others as best I can.

I like helping people to enjoy themselves.

Promote our u3a:

- talk to potential members
- distribute leaflets
- help on social media
- join the comms group

Help the committee:

- talk to new members
- take minutes
- try a meeting
- take on a role

Help with events:

- suggest possible visits
- recce the venues
- organise events
- join the events team

Help at meetings:

- talk to visitors
- help with the tech
- help organise social meetings
- join the Really Useful Group

Email or talk to bfdu3a.chair@gmail.com or any committee member

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